

Physical Education Vision Map

Year 2 – Fitness

Crucial Knowledge	Intent
<ul style="list-style-type: none">• My heart in in my chest (<i>near my school badge</i>)• My heart holds blood• My heart beats faster when I move a lot• Moving my body helps to keep me healthy	<ul style="list-style-type: none">• Making my heart beat faster• Understand the changes in my heartbeat• Keep my body moving for longer• Running

Year 2 – Team Building

Crucial Knowledge	Intent
<ul style="list-style-type: none">• A group is three or more people• A team is a group of people working together to win• Team work means listening to each person in my team• Talking in my team means sharing ideas and asking for help	<ul style="list-style-type: none">• Working with a friend• Working with lots of friends in a group• Team work: listening and watching• Team work: talking

Year 2 – Movement

Crucial Knowledge	Intent
<ul style="list-style-type: none">• Dance is when we move to music• Sequence means in an order• Gymnastics is when our body is strong whilst balancing.	<ul style="list-style-type: none">• Ways my body can move• Dance moves• Dance sequences• Gymnastics: roll, jump, balance• Gymnastic sequences

Year 2 – Attacking and defending

Crucial Knowledge	Intent
<ul style="list-style-type: none">• Attack is when you try to get something• Defend is when you try to stop something• A point is a score. We get this when we win.	<ul style="list-style-type: none">• Scoring a point• How to get more points• Defending: stopping others from getting points• Better defending

Year 2 – Ball Skills

Crucial Knowledge	Intent
<ul style="list-style-type: none">• There are lots of different size and shapes of ball• Different sports use different balls• Rolling is where the ball travels along the floor• Throwing is where the ball travels in the air• We use our feet to kick• A target is where we want the ball to go• An aim is when we try to get the ball in a target	<ul style="list-style-type: none">• Exploring a ball• Rolling and throwing• Catching• Kicking• Aiming towards a target

Year 2 – Athletics

Crucial Knowledge	Intent
<ul style="list-style-type: none">• A sprint is running as quickly as you can• Distance means a long way.• I bend my knees when I jump and land on both feet	<ul style="list-style-type: none">• Sprint• Distance throwing• Jumping